

# ANAM

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**RE: Penny McDonald, Teacher of the Alexander Technique**

Dear Sir /Madame

It is with great pleasure that I write this reference for Penny McDonald.

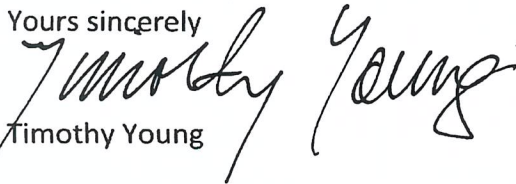
Penny has been an Alexander Technique teacher at the Australian National Academy of Music for over 15 years. In this specialist field of elite classical music training her lessons to both students and staff has been across all instrumental genres.

*Penny brings a wealth of knowledge and experience that permits her to apply the Alexander principles with ease and great effectiveness.*

Not only has this instruction been of immense benefit to our talented students but I have personally benefitted from her guidance and continue to take lessons when possible.

Her duty of care, generosity and warm personality would make her a positive attribute to any institution.

Yours sincerely



Timothy Young

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